

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Coachinfo: Warming up from: 08:05 untill 08:55. Teamleadmeeting @ 08:15 The listed starttimes are indicative!

Coaches: Van den Bossche Laure

Coaches: Tratsaert Karl HEADCOACH

Coaches: Gillain Alexandra

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE MIXED 10-9							Heat:1, starttime: 09:00	
Heat: 1/4 Lane : 4 Athlete: COMMEINE NATHEO							Q-time: 99:99:99	
PB (25m pool): no time							PB (50m pool): no time SB: no time	
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 1: 50M BACKSTROKE MIXED 10-9							Heat:4, starttime: 09:05	
Heat: 4/4 Lane : 4 Athlete: TRATSAERT ROBYNNE							Q-time: 00:52:37	
PB (25m pool): 00:52.37 Dilbeek 28/09/2025							PB (50m pool): no time SB: 00:52.37 Dilbeek 28/09/2025	
	2 5 M		5 0 M					
PB			00:52.37					
			00:52.37					
								

Coach feedback:

Event number: 2: 200M BUTTERFLY WOMEN 11+							Heat:2, starttime: 09:10	
Heat: 2/2 Lane : 1 Athlete: VANDEROOST CLARA							Q-time: 99:99:99	
PB (25m pool): no time							PB (50m pool): no time SB: no time	
PB	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
		no time		no time		no time		no time
	no time							
								

Coach feedback:

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 3: 200M MEDLEY MEN 11+							Heat:2, starttime: 09:18	
Heat: 2/5 Lane : 2 Athlete: TAHIRAJ DUQUESNE LUAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 09:22	
Heat: 3/5 Lane : 4 Athlete: DIMITROV YOAN							Q-time: 03:18:84	
PB (25m pool): 03:18.84 Meise 22/06/2025			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.60		no time		no time		03:18.84
	00:44.60							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:5, starttime: 09:29	
Heat: 5/5 Lane : 4 Athlete: ADAMS HENRY							Q-time: 02:39:26	
PB (25m pool): 02:39.26 Dilbeek 28/09/2025			PB (50m pool): no time SB: 02:39.26 Dilbeek 28/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.44		no time		no time		02:39.26
	00:34.44							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:5, starttime: 09:29	
Heat: 5/5 Lane : 5 Athlete: VERHERSTRAETEN KOBE							Q-time: 02:41:60	
PB (25m pool): 02:41.60 Dendermonde 22/11/2025			PB (50m pool): 02:48.97 SB: 02:41.60 Dendermonde 22/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.22		no time		no time		02:41.60
	00:35.22							
								

Coach feedback:

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 09:42
Heat: 3/14 Lane : 2 Athlete: MICHIELS EVELYN					Q-time: 02:08:36
PB (25m pool): 02:13.99 Dilbeek 29/09/2024					PB (50m pool): 02:08.36 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		02:13.99	
	no time				
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 09:44
Heat: 4/14 Lane : 4 Athlete: PROPS KARLIEN					Q-time: 01:58:68
PB (25m pool): 01:56.17 Dilbeek 29/09/2024					PB (50m pool): 02:01.93 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:56.17	
	no time				
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 09:51
Heat: 7/14 Lane : 5 Athlete: DIA GUINÉE ANGELINA					Q-time: 01:47:69
PB (25m pool): 01:47.69 Tienen 26/10/2025					PB (50m pool): no time SB: 01:47.69 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.37		01:47.69	
	00:51.37 00:56.32				
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 09:54
Heat: 8/14 Lane : 1 Athlete: CLABAUT ELINA					Q-time: 01:46:65
PB (25m pool): 01:46.65 Tienen 26/10/2025					PB (50m pool): 01:48.79 SB: 01:46.65 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.06		01:46.65	
	00:51.06 00:55.59				
					

Coach feedback:

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 09:54
Heat: 8/14 Lane : 3 Athlete: MOXHET TESS					Q-time: 01:43:75
PB (25m pool): 01:42.31 Diksmuide 17/11/2024					PB (50m pool): 01:43.75 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.66		01:42.31	
	00:48.66		00:53.65		
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 09:56
Heat: 9/14 Lane : 1 Athlete: VANDEROOST ANNA					Q-time: 01:43:28
PB (25m pool): 01:44.57 Gent 23/02/2025					PB (50m pool): 01:43.28 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.72		01:44.57	
	00:50.72		00:53.85		
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:13, starttime: 10:04
Heat: 13/14 Lane : 3 Athlete: VERHERSTRAETEN LORE					Q-time: 01:28:75
PB (25m pool): 01:31.26 Gent 23/02/2025					PB (50m pool): 01:28.75 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.97		01:31.26	
	00:42.97		00:48.29		
					

Coach feedback:

Event number: 7: 100M BREASTSTROKE WOMEN 11+					Heat:13, starttime: 10:04
Heat: 13/14 Lane : 4 Athlete: DE WILDE MARGOT					Q-time: 01:29:46
PB (25m pool): 01:29.46 Temse 17/11/2025					PB (50m pool): 01:35.21 SB: 01:29.46 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.27		01:29.46	
	00:43.27		00:46.19		
					

Coach feedback:

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 8: 100M FREESTYLE MEN 11+					Heat:1, starttime: 10:07
Heat: 1/16 Lane : 4 Athlete: DENOLF EMMANUEL					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:2, starttime: 10:10
Heat: 2/16 Lane : 3 Athlete: GJERGJI GAVIN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:8, starttime: 10:21
Heat: 8/16 Lane : 3 Athlete: PROPS LUKAS					Q-time: 01:16:87
PB (25m pool): 01:16.87 Dilbeek 28/09/2025 PB (50m pool): 01:21.09 SB: 01:16.87 Dilbeek 28/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.79		01:16.87	
	00:36.79 00:40.08				
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:9, starttime: 10:23
Heat: 9/16 Lane : 5 Athlete: BOSSUYT LIAS					Q-time: 01:16:55
PB (25m pool): 01:16.55 Dilbeek 28/09/2025 PB (50m pool): 01:18.20 SB: 01:16.55 Dilbeek 28/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.78		01:16.55	
	00:37.78 00:38.77				
					

Coach feedback:

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 8: 100M FREESTYLE MEN 11+					Heat:14, starttime: 10:31
Heat: 14/16 Lane : 2 Athlete: ADAMS HENRY					Q-time: 01:05:81
PB (25m pool): 01:05.81 Dilbeek 28/09/2025			PB (50m pool): 01:06.63 SB: 01:05.81 Dilbeek 28/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.36		01:05.81	
	00:32.36		00:33.45		
					

Coach feedback:

Event number: 9: 200M BREASTSTROKE MIXED 10-9							Heat:2, starttime: 10:40	
Heat: 2/2 Lane : 3 Athlete: TRATSAERT ROBYNNE							Q-time: 04:08:25	
PB (25m pool): 04:08.25 Tremelo 18/01/2026			PB (50m pool): no time SB: 04:08.25 Tremelo 18/01/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:55.42		01:59.70		no time		04:08.25
	00:55.42		01:04.28					
								

Coach feedback:

Event number: 9: 200M BREASTSTROKE MIXED 10-9							Heat:2, starttime: 10:40	
Heat: 2/2 Lane : 4 Athlete: COMMEINE NATHEO							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 10:52	
Heat: 2/2 Lane : 4 Athlete: DE WILDE LORE							Q-time: 05:24:94	
PB (25m pool): 05:24.94 Tienen 26/10/2025			PB (50m pool): no time SB: 05:24.94 Tienen 26/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.12		no time		02:39.12
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:24.94
								

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 15: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 11:34
Heat: 3/10 Lane : 2 Athlete: VANDEROOST ANNA					Q-time: 01:23:88
PB (25m pool): 01:23.88 Dilbeek 28/09/2025			PB (50m pool): 01:33.01 SB: 01:23.88 Dilbeek 28/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.77		01:23.88	
	00:40.77		00:43.11		
					

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 11:39
Heat: 6/10 Lane : 3 Athlete: DE WILDE MARGOT					Q-time: 01:12:05
PB (25m pool): 01:12.05 Temse 17/11/2025			PB (50m pool): 01:14.71 SB: 01:12.05 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.03		01:12.05	
	00:35.03		00:37.02		
					

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 11:41
Heat: 7/10 Lane : 3 Athlete: DE WILDE LORE					Q-time: 01:09:06
PB (25m pool): 01:10.30 Dilbeek 28/09/2025			PB (50m pool): 01:09.06 SB: 01:10.30 Dilbeek 28/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.34		01:10.30	
	00:34.34		00:35.96		
					

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 11:47
Heat: 1/14 Lane : 5 Athlete: TAHIRAJ DUQUESNE LUAN					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 16: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 11:49
Heat: 2/14 Lane : 3 Athlete: DENOLF EMMANUEL					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 11:55
Heat: 4/14 Lane : 2 Athlete: GJERGJI GAVIN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+					Heat:9, starttime: 12:07
Heat: 9/14 Lane : 2 Athlete: PROPS LUKAS					Q-time: 01:41:02
PB (25m pool): 01:41.02 Tienen 26/10/2025 PB (50m pool): 01:46.82 SB: 01:41.02 Tienen 26/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.96		01:41.02	
	00:47.96 00:53.06				
					

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+					Heat:11, starttime: 12:11
Heat: 11/14 Lane : 4 Athlete: DIMITROV YOAN					Q-time: 01:35:18
PB (25m pool): 01:35.18 Tienen 26/10/2025 PB (50m pool): no time SB: 01:35.18 Tienen 26/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.01		01:35.18	
	00:45.01 00:50.17				
					

Coach feedback:

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 16: 100M BREASTSTROKE MEN 11+					Heat:14, starttime: 12:17
Heat: 14/14 Lane : 1 Athlete: VERHERSTRAETEN KOBE					Q-time: 01:24:33
PB (25m pool): 01:24.33 Tienen 26/10/2025			PB (50m pool): 01:27.06 SB: 01:24.33 Tienen 26/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.87		01:24.33	
	00:39.87		00:44.46		
					

Coach feedback:

Event number: 17: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 12:23	
Heat: 2/8 Lane : 2 Athlete: DIA GUINÉE ANGELINA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 12:31	
Heat: 4/8 Lane : 1 Athlete: MICHIELS EVELYN							Q-time: 03:52:22	
PB (25m pool): 03:52.22 Tremelo 18/01/2026				PB (50m pool): 03:57.67SB: 03:52.22 Tremelo 18/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:57.75		no time		no time		03:52.22
	00:57.75							
								

Coach feedback:

Event number: 17: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 12:31	
Heat: 4/8 Lane : 4 Athlete: PROPS KARLIEN							Q-time: 03:30:93	
PB (25m pool): 03:30.93 Leuven 12/10/2025			PB (50m pool): 03:46.58SB: 03:30.93 Leuven 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.21		01:42.87		02:46.42		03:30.93
	00:49.21		00:53.66		01:03.55		00:44.51	
								

Coach feedback:

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 17: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 12:39	
Heat: 6/8 Lane : 1 Athlete: CLABAUT ELINA							Q-time: 03:13:56	
PB (25m pool): 03:13.56 Dendermonde 22/11/2025				PB (50m pool): 03:37.15 SB: 03:13.56 Dendermonde 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.18		no time		no time		03:13.56
	00:50.18							
								

Coach feedback:

Event number: 17: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 12:39	
Heat: 6/8 Lane : 4 Athlete: VANDEROOST CLARA							Q-time: 03:08:28	
PB (25m pool): 03:08.28 Dendermonde 22/11/2025				PB (50m pool): 03:22.94SB: 03:08.28 Dendermonde 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.64		no time		no time		03:08.28
	00:39.64							
								

Coach feedback:

Event number: 17: 200M MEDLEY WOMEN 11+							Heat:7, starttime: 12:43	
Heat: 7/8 Lane : 4 Athlete: MOXHET TESS							Q-time: 02:57:62	
PB (25m pool): 02:57.62 Leuven 12/10/2025			PB (50m pool): 03:07.27 SB: 02:57.62 Leuven 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.66		01:24.96		02:06.43		02:57.62
	00:40.66		00:44.30		00:41.47		00:51.19	
								

Coach feedback:

Event number: 17: 200M MEDLEY WOMEN 11+							Heat:8, starttime: 12:46	
Heat: 8/8 Lane : 3 Athlete: VERHERSTRAETEN LORE							Q-time: 02:37:60	
PB (25m pool): 02:37.60 Leuven 12/10/2025				PB (50m pool): 02:41.90SB: 02:37.60 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.29		01:15.39		02:03.52		02:37.60
	00:36.29		00:39.10		00:48.13		00:34.08	
								

Coach feedback:

SCZ CVB 2026: Session: 1: COACH evaluation sheet for TEAM: DIZV

Event number: 18: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 12:50	
Heat: 1/2 Lane : 2 Athlete: BOSSUYT LIAS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback: